



# ALMENCARD WEEKLY PROGRAMME

Almencard valid 25.05.2019 – 02.11.2019 | Almencard PLUS valid 01.05.2019 – 30.11.2019

## Monday

 **Medieval Games at the Mühlbacher Klause Ruins**  
(5–9 years)  
10.06. – 28.10.2019

The ancient ruins become the stage where young knights and damsels bring history back to life.

● 10:00 a.m. | Mühlbacher Klause | Time: approx. 2 hours

**Old Castles & New Wines - Visit to the Vineyard & Organic Farm** 06.05.-25.11.2019

A local winegrower will be showing you around his vineyard and illustrating his alternative methods for cultivating grapes and ancient apple varieties.

● 10:00 a.m. | Mühlbacher Klause | Time: approx. 2 hours

**Guided tours of the Mühlbacher Klause**

01.07. – 30.09.2019

The ruins were once a customs post and hunting seat, as well as the backdrop for the German Peasant's war in 1526 and the Tyrolean Rebellion of 1809.

● 10:00 a.m. and 3:00 p.m. | Mühlbacher Klause | Time: approx. 1 hour

**Summer in the mountains with Kneipp**

10.06. – 28.10.2019

A pleasurable circular hike to the Kneipp course in the Altfasstal valley with stations along the way.

● 1:30 p.m. | Altfasstal car park | Time: approx. 3-4 hours

**Bogbean, Yarrow and Magic Spells in Natz \***

17.06. – 28.10.2019 | Almencard PLUS holders only

Rediscovering ancient herbal knowledge

● 4:00 p.m. | Village square, Natz | Time: approx. 3 hours

\* Registration by 12 o'clock, at the same day

## Tuesday

**Hike to the Eisbruggsee lake in Pfunders**

21.05. – 15.10.2019

This challenging hike requires good training. Bring along suitable equipment and provisions.

● 08:30 a.m. | Gasthof Brugger, Pfunders | Time: approx. 5,5-6 hour

**Family hike to the Spinges Bunker**

11.06. – 29.10.2019

This leisurely hike that starting from the village leads into the forest includes pauses for breathing exercises

● 10:00 a.m. | Spinges church | Time: 3 hours

**Rafting Taster**

07.05. – 01.10.2019

Ideal for beginners and families looking for fun and adventure.

Meeting point: 3:00 p.m. | St. Sigmund sports area | Time:

approx. 1.5 hours. Price: Adults € 30.00 | Children (aged 5–14) € 25.00

## Wednesday

**Big 5 Altitude hike to the Wilde**

**Kreuzspitze/Seefeldspitze** (alternately)

12.06. – 16.10.2019

This challenging hike requires good training. Bring along suitable equipment and provisions

● 8:30 a.m. | Fane Alm car park in Vals or Altfasstal in Meransen | Time: approx. 7 hours

### **Meeting the animals at the Ahner mountain farm** (5–9 years)

08.05. – 27.11.2019

During the farm visit, kids have the chance to get to know the resident donkeys, chicken, cats, calves and bunnies. A real treat for the little ones!

🕒 9:30 a.m. | Ahner mountain farm, Rodeneck | Time: approx. 2.5 hours

### **Into the Woods**

22.05. – 30.10.2019

A trained herbalist and forest expert will be letting you into her little secrets sharing useful hacks for everyday life.

🕒 10:30 a.m. | Zumis car park, Rodenecker-Lüsner plateaus | Time: approx. 5 hours

## Thursday

### **Kletterhetz** (10–14 years)

20.06. – 31.10.2019

High ropes course with a 12-metres high climbing wall for budding climbers wishing to learn the basics.

🕒 9:30 a.m. | Kurzkofelhütte hut, Vals | Time: approx. 5 hours

### **Krixly Kraxly** (5–9 years)

20.06. – 31.10.2019

Taster course for aspiring mountaineers. Kids aged 5 to 9 will try their hand at climbing under the expert supervision of our alpine guides.

🕒 10:00 a.m. | Jochtal cable car mountain terminal, Vals | Time: approx. 5 hours

### **Hike to the Pfunders mountain farms**

02.05. – 28.11.2019

The green Pfunders Valley boasts well-preserved historical farms, traditional craftsmanship and stunning landscapes.

🕒 10:00 a.m. | Pfunders sports area | Time: approx. 4 hours

### **Lama trekking for families \***

27.06. – 29.08.2019 | Almencard PLUS holders only

Meet and greet these special farm animals

🕒 4:00 p.m. | Waldharthof - Raas | Time: approx. 2–3 hours

\* Registration by 12.00 o'clock on the previous day

## Friday

### **Sunrise hike**

31.05. – 01.11.2019

Your holiday challenge: an early rise! Get up early and you will be rewarded with the unique experience of the sunrise seen from the mountains.

🕒 Varying time | Jochtal cable car valley terminal | Time: approx. 2 hours

### **Carriage ride for children in Meransen** (5–14 years)

03.05. – 29.11.2019

Children get the chance to go for a parent-free carriage ride and maybe even sit next to the coachman.

🕒 10.00 a.m. | Tennis hall Meransen | Time: approx. 1 hour

### **The Meronsna Legend Trails**

14.06. – 01.11.2019

Surprisingly humorous and pleasurable, this easy hike is studded with legends, stories and facts about Meransen.

Not suitable for strollers.

🕒 11:00 a.m. | Tennis hall Meransen | Time: approx. 3 hours

### **The farm and stables**

03.05. – 29.11.2019

Would you like to hear what our goats have to bleat about and visit our farm? Then take a guided farm tour!

🕒 2:00 p.m. | Farm Unteregger Vals | Time: approx. 1.5 hours.  
Price: Adults € 8.00 | Children € 5.00 (includes cheese-tasting)

## GENERAL INFORMATION

Registration by 4:00 p.m. on the previous day. For information and registration please contact your hotel reception or the info points in the Ski & Holiday Area Rio Pusteria & Natz-Schabs. Bringing suitable equipment (trekking boots, rain protection etc.) is recommended with each hike. Participation at your own risk. Minimum number of participants: 4 adults or 5 children aged 5 to 14. Activities available for a limited number of participants. Subject to change without notice.

🕒 Meeting point |  only for children

## REGISTRATION

info@gitschberg-jochtal.com | +39 0472 886 048

info@rodeneck.com | +39 0472 454 044

info@natz-schabs.info | +39 0472 415 020

[www.gitschberg-jochtal.com](http://www.gitschberg-jochtal.com)  
[www.natz-schabs.info](http://www.natz-schabs.info)

